

Study Characteristics

Author/Year	Country	Study Design	Study Population (and subgroups) description	Education/Training Intervention	Primary outcomes of interest and evaluation tool	Primary measures of effect
Kotsani 2021	Greece	Quasi experimental study (single arm pre-/post-test)	<p>Family medicine general practitioners, general internal medicine specialists, nurses, health visitors</p> <p>Pre-evaluation: n=31</p> <p>Post-evaluation t1 (after intervention): n=30</p> <p>Post-evaluation t2 (3 months later): n=25</p>	<ul style="list-style-type: none"> 1-day training course on detection, first-line assessment and management of frailty 	<ul style="list-style-type: none"> <i>Self-assessed attitudes, knowledge and everyday practices</i> (no further information available) 	<ul style="list-style-type: none"> Significant post-intervention improvement of self-assessed knowledge and skills to recognize and manage frailty immediately ($p < 0.001$) and also 3 months later ($p = 0.001$ for recognition; $p = 0.003$ for management) Significant post-intervention frequency of use of screening tools for frailty ($p = 0.014$) 76.7% of participants reported a significant or large and the rest a moderate impact of the intervention on their attitudes toward the frailty syndrome 76.7% estimated a high or very high usefulness in clinical practice after the workshop 70% reported that they would be quite or very likely to proceed to modifications in their daily practice <ul style="list-style-type: none"> 3 months later, 32% did modify their practice, 36% did so only moderately 40% applied frailty management strategies 3 months after the intervention, that were positively perceived (health care services satisfaction) by 60% of older patients and 90% of older patients' families
Bhattacharya 2021	USA	Quasi experimental study (single arm pre-/post-test)	Medicine, occupational therapy, pharmacy, dietetics, physical therapy and social work students (n=247)	<ul style="list-style-type: none"> Geriatric Interprofessional Assessment Clinic 	<ul style="list-style-type: none"> <i>Interprofessional team behaviour</i> (Development of the Standardized Patient Encounter Evaluation Rubric – SPEER Tool) 	<ul style="list-style-type: none"> Learners scored themselves significantly higher than faculty scores ($p < 0.001$) All items had a positive relative change from “early” to “late” team evaluations Significant improvements from pooled “early” to “late” faculty evaluations for the team’s ability to allow all members of the team to contribute to communicating the plan to the patient ($p = 0.023$) Significant improvements in learner evaluations for the team allowing the patient to voice their expectations of the team visit at the beginning of the visit ($p = 0.013$)

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Byerly 2020	USA	Quasi experimental study (single arm pre-/post-test)	Senior medical, pharmacy and physical therapy students (n=31)	<ul style="list-style-type: none"> 10-day interprofessional nursing facility rotation 	<ul style="list-style-type: none"> <i>Self-reported confidence in geriatric skills</i> (no further information available) <i>Collaborative Environment</i> (Based on Tilden et al.: Development of the Assessment for Collaborative Environments (ACE-15): a tool to measure perceptions of interprofessional "teamness") 	<ul style="list-style-type: none"> Significant post-intervention improvement in confidence in geriatric skills ($p < 0.001$) Intervention increased skill set in geriatric care ($M = 4.7$ out of 5, $SD = 0.46$) and interprofessional aspects of care planning activities added to participants' overall educational experience ($M = 4.7$, $SD = 0.53$) Team overall average scores of the collaborative environment (Average scores ranged between $46.0/SD = 2.98$ and $59.7/SD = 0.45$ out of 60 per team) suggested that the skilled nursing facilities environment was conducive for interprofessional teamwork
Karpa 2019	USA	Quasi experimental study (single arm pre-/post-test)	Second-year medical students, first-year nursing students, second-year occupational therapy students, second-year physical therapy students, third-year pharmacy students, second-year dental hygiene students, dietetic students (n=10)	<ul style="list-style-type: none"> 3-hour interprofessional simulation about comprehensive geriatric assessments using standardized patients 	<ul style="list-style-type: none"> <i>Self-assessed competencies</i> (Questionnaire, based on Lockeman et al.: Refinement of the IPEC Competency Self-Assessment survey: results from a multi-institutional study) 	<ul style="list-style-type: none"> Significant post-intervention improvement in self-assessed interactions competencies (cumulative) ($p = 0.04$) No significant post-intervention improvement in individual items
Lally 2018	USA	Quasi experimental study (single arm pre-/post-test)	<p>Nurses, nurse practitioners, social workers, pharmacists, physicians, others (trainees)</p> <p>Goals of care – Table top training Evaluation: n=40</p> <p>Goals of care – Role play training Evaluation: n=38</p> <p>Geriatric Assessment training Evaluation: n=28</p>	<ul style="list-style-type: none"> Curriculum development in palliative care and geriatrics 	<ul style="list-style-type: none"> <i>Skills confidence</i> (Adapted from Chow et al.: We can do it: Nursing educational intervention to increase delirium documentation; and Leopold et al.: Impact of educational intervention on confidence and competence in the performance of a simple surgical task) 	<ul style="list-style-type: none"> Significant post-intervention improvement in confidence in 11 of 12 items ($p < 0.001$-$p < 0.05$)
Brown 2018	USA	Quasi experimental study (single arm pre-	Pharmacy, medicine, nursing and allied health (speech, physical, occupational therapies, nutrition, social	<ul style="list-style-type: none"> Interprofessional Education Model 	<ul style="list-style-type: none"> <i>Attitudes associated with interprofessional practice</i> (Adapted from King et al.: The interprofessional 	<ul style="list-style-type: none"> Significant post-intervention improvement of attitudes in all subscales and total scores ($p < 0.001$)

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		/post-test)	work, counselling, chaplain, Emergency Medical Tech) students (n=136)		socialization and valuing scale: a tool for evaluating the shift toward collaborative care approaches in health care settings)	
Nowamooz 2018	USA	Quasi experimental study (single arm post-test)	Medicine, physician assistant, physical therapy, pharmacy, nursing, social work and dietetics students (n=718)	<ul style="list-style-type: none"> • Interprofessional geriatric education program: Seniors Assisting in Geriatric Education 	<ul style="list-style-type: none"> • <i>Self-assessed confidence, skills and attitudes</i> (no further information available) 	<ul style="list-style-type: none"> • Post-intervention increased confidence in conducting MMSE (95%), falls risk assessments (93%), medication reviews (78%), and understanding of team collaboration to improve patient care and safety (81%)
Turrentine 2016	USA	Quasi experimental study (single arm pre-/post-test)	Fourth-year medical and nursing students (n=15)	<ul style="list-style-type: none"> • Interprofessional training 	<ul style="list-style-type: none"> • <i>Geriatric knowledge</i> (no further information available) 	<ul style="list-style-type: none"> • Significant post-intervention improvement of geriatric knowledge (p<0.001)
Dow 2016	USA	Quasi experimental study (single arm post-test)	Fourth-year medical, pharmacy and nursing students; second-year social work students (n=522)	<ul style="list-style-type: none"> • Six-weeks block web-based case system 	<ul style="list-style-type: none"> • <i>Geriatric knowledge</i> (Based on Moore et al.: Achieving desired results and improved outcomes: Integrating planning and assessment throughout learning activities) • <i>Student and team competence in interprofessional practice and Electronic Health Record use</i> (Based on Moore et al.: Achieving desired results and improved outcomes: Integrating planning and assessment throughout learning activities) 	<ul style="list-style-type: none"> • Post-intervention knowledge scores were highest for medical students (M=3,918; SD=996), followed by nursing students (M=3,462; SD=825) and pharmacy students (M=3,119; SD=1,431) whereas social work students scored the lowest (M=1,454; SD=901). • Post-intervention knowledge team scores were significantly higher than individual scores for all professions (p<0.001)
Conti 2016	USA	Quasi experimental study (single arm post-test)	Medical, bachelor-level nursing, second- and third-year pharmacy and occupational therapy, bachelor- and master-level	<ul style="list-style-type: none"> • Interprofessional education activity 	<ul style="list-style-type: none"> • <i>Attitudes towards older adults, interprofessional education team functioning and value of home visits</i> (Based on 	<ul style="list-style-type: none"> • Overall mean agreement to all likert-based survey statements was 88% • Students agreed on following statements: <ul style="list-style-type: none"> ○ The intervention improved the opinions about other healthcare

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			social work students (n=861)		Learning from Interprofessional Educational Experiences – LIPEE survey)	<p>professionals (92.6%)</p> <ul style="list-style-type: none"> ○ The intervention experience would make them more effective to work as a member of a healthcare team (93.8%) ○ The intervention improved communication with other healthcare professionals (92.5%) ○ The intervention improved comfort of interaction with older adults (86.0%) ○ The intervention helped to understand clinical problems (87.4%) and older adults' problems (85.8%) ○ The intervention helped to communicate better with older adults (80.5%) ○ The intervention increased understanding of the importance of respect, dignity and privacy (92.8%) ○ Education in team-working skills is vital (98.9%)
Renschler 2016	USA	Quasi experimental study (multi arm pre-/post-test)	Athletic training, speech-language pathology, exercise sciences, public health, nursing, and osteopathic medicine students (n=148)	<ul style="list-style-type: none"> • 1-semester or 2-semester Interprofessional Geriatric Home Visit Program 	<ul style="list-style-type: none"> • <i>Attitudes towards interprofessional healthcare teamwork skills</i> (Based on Attitudes Towards Healthcare Teams Scale – ATHTC) • <i>Teamwork Skills</i> (Based on Team Skills Scale – TSS) 	<ul style="list-style-type: none"> • No significant post-intervention improvement in attitudes and teamwork skills for the 1-semester and 2-semester programme for osteopathic medical student participants (p=0.07 – p=0.99) • Significant post-intervention improvement of attitudes in 3 out of 4 subscales in the 1-semester programme for nursing, public health, and allied health student participants (p=0.00 – p=0.01) • Significant post-intervention improvement of attitudes in one subscale in the 2-semester programme for nursing, public health and allied health student participants (p=0.00) • Significant post-intervention improvement in teamwork skills for the 1-semester (p= 0.00) and 2-semester programme (p=0.01) for nursing, public health and allied health student

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						participants
Kent 2016	Australia	Quasi experimental study (single arm post-test)	Fourth and final year medical, nursing, occupational therapy and pharmacy students (n=26)	<ul style="list-style-type: none"> 1-2 afternoon Interprofessional student teams in an residential aged care facility 	<ul style="list-style-type: none"> <i>Students' perception of the learning experience</i> (Adapted from Roff S.: The Dundee Ready Educational Environment Measure (DREEM) – a generic instrument for measuring students' perceptions of undergraduate health professions curricula <i>Residents' experience</i> (Based on Steine et al.: A new, brief questionnaire (PEQ) developed in primary health care for measuring patients' experience of interaction, emotion and consultation outcome) <i>6-weeks follow-up of residents for reflective view of consultation by interview</i> 	<ul style="list-style-type: none"> Post-intervention mean ratings of students' perception indicate positive experiences across all domains (mean range: 4.04; SD=0.66 – 4.62; SD=0.57) Residents' perceptions achieved a low mean on a 5-point scale of 2.02; SD=0.81 in the consultation outcome domain and the highest mean of 4.41; SD=0.62 in the communication domain 6-weeks follow-up resulted in 10/11 residents being satisfied or very satisfied with the consultation, while 8/11 found it useful or very useful
Shortridge 2016	USA	Quasi experimental study (single arm post-test only and pre-/post-test)	<p>Nurse practitioner, physical therapy and occupational therapy students</p> <hr/> <p>Team-performance post evaluation: n=86</p> <p>Attitudes toward telehealth pre-post evaluation: n=85</p>	<ul style="list-style-type: none"> Multiphased learning experience 	<ul style="list-style-type: none"> <i>Reflection on team-performance</i> (Based on Zimmerman, B.: Investigating self-regulation and motivation: historical background, methodological developments, and future prospects) 	<ul style="list-style-type: none"> 50% of students' statements expressed confidence in care provision of their teams, 29% raised concerns Differences in level of confidence according to disciplines: Nurse practitioner students felt most confident, physical therapy students the least confident
Rubenstein 2016	USA	Quasi experimental study (single arm post-test)	Nurse, social worker, pharmacy resident, doctoral psychology student, family medicine resident, geriatrics fellow, geriatrics faculty	<ul style="list-style-type: none"> Geriatric Assessment Interprofessional Team (GAIT) 	<ul style="list-style-type: none"> <i>Intervention Experience</i> (Based on Collaborative Practice Assessment Tool – CPAT) 	<ul style="list-style-type: none"> Post-intervention average score for each domain (maximum score 7): Mission, Meaningful Purpose, Goals 6.53±0.65; General Relationships 6.61±0.47; Team Leadership 6.36±0.64; General Role Responsibilities,

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			(n=10)			Autonomy 6.22±0.37; Communication and Information Exchange 6.17±0.61; Community Linkages and Coordination of Care 6.23±0.72; Decision-making and Conflict Management 5.63±0.57; and Patient Involvement 6.98±0.57
Ito 2016	USA	Quasi experimental study (single arm retrospective pre-/post-test)	Third-year medical, nursing, pharmacy and social work students (n=104)	<ul style="list-style-type: none"> Hawaii Interprofessional Team Collaboration Simulation 	<ul style="list-style-type: none"> <i>Self-rated interprofessional collaborative practice core competencies</i> (no further information available) 	<ul style="list-style-type: none"> Significant post-intervention increase for all eight self-assessed skills, including competencies of Values/Ethics (Q1 4.44 vs. 4.69, p=0.0004; Q2 4.45 vs. 4.62, p=0.002), Roles/Responsibilities (Q3 3.78 vs. 4.33, p<0.0001; Q4 3.85 vs. 4.42, p<0.0001), Communication (Q5 3.89 vs. 4.37, p<0.0001; Q6 3.90 vs. 4.41 p<0.0001), and Teamwork (Q7 3.96 vs. 4.40, p<0.0001; Q8 4.03 vs. 4.49, p<0.0001)
Reilly 2014	USA	Quasi experimental study (single arm pre-/post-test)	Second-year medical, physician assistant, occupational therapy, social work and physical therapy students; third-year pharmacy students; fourth-year dental students (n=67)	<ul style="list-style-type: none"> Interprofessional, team-based, geriatric home training program 	<ul style="list-style-type: none"> <i>Knowledge and attitudes towards interprofessional education</i> (Adapted from Readiness for Interprofessional Learning Survey) 	<ul style="list-style-type: none"> Significant post-intervention change in one of 19 items for all students: improved understanding of role in an interprofessional health care team (p<0.001) Significant post-intervention changes in some particular items within each discipline
Gould 2014	USA	Quasi experimental study (single arm pre-/post-test)	Medical and social work graduate students (n=18)	<ul style="list-style-type: none"> Interprofessional learning experience 	<ul style="list-style-type: none"> <i>Perception of interprofessional collaboration</i> (Based on Bronstein, LR.: Index of Interdisciplinary Collaboration) 	<ul style="list-style-type: none"> Increased post-intervention level of interprofessional collaboration Significant post-intervention changes to participants' perception of interprofessional collaboration (Z= - 2.202, p=0.028) Significant post-intervention changes in subscale "reflection on process" (Z= - 2.190, p=0.029)
Afonso 2013	USA	Quasi experimental study (single arm post-test)	Medical, second- and third-year pharmacy, bachelor- and master-level social work students (n=941)	<ul style="list-style-type: none"> Experiential Interprofessional Education using an older adult home visit 	<ul style="list-style-type: none"> <i>Attitudes towards Interprofessional Education</i> (no further information available) 	<ul style="list-style-type: none"> Students agreed on following attitudes: <ul style="list-style-type: none"> Interprofessional teams are more likely to delivery comprehensive care (97.1%) Interprofessional teams would improve health outcomes for older adults (99.0%)

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						<ul style="list-style-type: none"> ○ Ability to work in a multidisciplinary team contributes to professional success (90.7%) ○ Intervention gave them an increased understanding of the role of other team members (92.0%) ○ Home visits generate more patient information (90.4%) and increased knowledge of older adults (86.2%) ○ Intervention made them feel more comfortable with older adults (75.3%)
Rivera 2013	USA	Quasi experimental study (single arm post-test)	Third- and fourth-year dentistry, medical, pharmacy and physical therapy students; Second-year nurse practitioner and social work students; dietician interns (n=261)	<ul style="list-style-type: none"> • 3-hours Interprofessional Standardized Patient Exercise 	<ul style="list-style-type: none"> • <i>Intervention Experience of students and faculty</i> (no further information available) 	<ul style="list-style-type: none"> • Students agreed on following statements (6-point scale): <ul style="list-style-type: none"> ○ They learned about the patient care roles of other health care professionals (M=5.22; SD=0.96) ○ They increased their comfort working collaboratively in an interprofessional team (M=4.99; SD=1.04) ○ Would recommend the intervention to fellow trainees (M=5.09; SD=1.05) • Faculty agreed on following statements (6-point scale): <ul style="list-style-type: none"> ○ Intervention enhances student understanding of the patient-care roles of different professionals (M=5.81; SD=0.40) ○ Intervention fosters communication between participating health professions students (M=5.83; SD=0.38) ○ Would recommend the intervention to learners (M=5.96; SD=0.20)
Just 2010	Germany	Randomized Controlled Trial (RCT)	Third-year medical and nursing students (n=40)	<ul style="list-style-type: none"> • Intervention group: 2-day Interprofessional Curriculum • Control group: Written material 	<ul style="list-style-type: none"> • <i>Uni-professional items exchanged during interaction</i> • <i>Communication style</i> • <i>Quality of care objectives</i> 	<ul style="list-style-type: none"> • Significant post-intervention increase in the number of information items exchanged for both the control group and the intervention group in total (p<0.0001) and for the medical (control: p=0.0004; intervention: p=0.004) and nursing subgroups (p=0.0002)

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				with content of curriculum		<ul style="list-style-type: none"> • Significant post-intervention change in interaction initiation in the intervention group ($p=0.0007$) • Care objectives score increased post-intervention for both groups in all but one category: care of other symptoms • Significant post-intervention increase in score of control group in two categories: guarding of patient's autonomy ($p=0.001$) and integration of psychological aspects ($p=0.001$) • Significant post-intervention increase in score of intervention group in three categories: pain therapy ($p=0.006$), guarding of patient's autonomy ($p=0.001$) and integration of psychological aspects ($p=0.003$)
Rowan 2009	USA	Quasi experimental study (single arm post-test and pre-/post-test)	Master-level social work students and professionals, and physical therapy students and professionals (n=66)	<ul style="list-style-type: none"> • 19-month Geriatric Evaluation and Self-Management Services Training 	<ul style="list-style-type: none"> • <i>Knowledge</i> (Post-test only; Created for study, no further information available) • <i>Competencies</i> (Post-test only; Geriatric Social Work Competency Scale II) • <i>Client Outcomes</i> (Pre- and Post-test; Self-efficacy, self-rated health, functional status, physical mobility, mental health) 	<ul style="list-style-type: none"> • Mean-percentage score was 82.22% (SD=7.96) for self-management post-test, 86.94% (SD=10.48) for assessment post-test and 90.20% (SD=7.34) for telehealth post-test • Moderate to high confidence to assess, intervene and function as an interdisciplinary team • Significant higher rated confidence to assess of professionals than of students • No difference in confidence to intervene or function as an interdisciplinary team between professionals and students • No significant difference between disciplines on competency scores • Significant health-related benefits for older adults